Transitions

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UNDER THE TUSCAN SUN SUCCESS!

A great night thanks to our generous community

CELEBRATE MOM

Mother's Day is around the corner

TUESDAY NIGHT CAFE

Outreach program supports participants civic engagement

VOLUNTEER WEEK

The impact of your time

GRILLED CHEESE CHALLENGE!

Grilling up for a good cause





CELEBRATING MOM

Parenting is hard. There is no text book, no "right way", and no proven path to success. It is a 24/7 job that can be joyful, terrifying, and exhausting... sometimes all at the same time. Every caregiver experiences stress, and for the moms and caregivers who come to Women's Habitat, the compounding stressors related to poverty and violence can be overwhelming.



[1]Status of Women Ontario 2016

At Women's Habitat we work with mom to help her create the changes she wants to see in her life. When there are setbacks, we encourage her, when there are victories, we celebrate with her. We are there every step of the way. On May 13th celebrate your mom, grandma, or the caregiver in your life by supporting the moms and caregivers who come to Women's Habitat. Your donation her honour will directly benefit a woman we serve.

This Mother's Day, give a gift that can change a life and make mom proud.

To make your Mother's Day donation today go to womenshabitat.ca/how-to-help/donate/ or call 416-252-7949 Ext: 232

For over a decade, Women's Habitat has hosted Tuesday Night Café, a program that brings together women in South Etobicoke to share their experiences and support one another. In recent months the group has expanded to connect the broader community in civic participation, building on Women's Habitat's advocacy work and engagement in Toronto's poverty reduction strategy. In recent months, the group has been focused on developing strategies to address Toronto's housing crisis.



"Complaining won't change a thing," says one member "we need to inform politicians of our perspective on the lack of affordable housing and the current conditions of community housing". Part of their civic engagement has included the creation of a Facebook group to mobilize and invite partners to join their call to action. "Partnering amplifies our voice," says another active member of the group "you know the saying; it takes a village. We need to work together to create and bring forward a plan that includes everyone's opinion. Every opinion matters."

The members say they are in the early stages of their strategic planning work and are committed to being solution focused. "It's about holding politicians accountable, that is our job and we will do it". For more information on Tuesday Night Café, contact Jennifer Oliverrie joliverrie@womens-habitat.ca

LOCAL WOMEN'S GROUP TAKES ACTION



VOLUNTEER WEEK!

Celebrating the generous gift of time

We are so fortunate to have community members who volunteer their time to support our vital programming.

Volunteer Week gives us the opportunity to thank them for their contributions and celebrate their awesomeness! Last year we hosted 7 volunteer information sessions, recruiting 176 volunteers who together donated 1902 hours. We are so grateful for their support.

Interested in volunteering with us? Contact Gwyn Thompson at gthompson@womenshabitat.ca for more information.

GRILLED CHEESE CHALLENGE!

The Lakeshore BIA is hosting its 3rd annual Grilled Cheese Challenge on June 9th! The Challenge has quickly become a must attend event of the summer and this year the BIA generously made Women's Habitat the event's supported charity. On June 9th at 11 am come out to Lakeshore and Islington and sample the best grilled cheese around! Vote on your favorites and support us while you're at it! Be sure to drop by our booth and sample our cheesy creation! See you there!



Want to learn more? Visit grilledcheesechallenge.ca













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