

Activity  
calendar.

# 16 Days

of activism.

# 16 Ways

to participate.



**Day 1** | Sat, Nov 25

Release your picks for top empowering and educating **podcasts** that discuss domestic violence.

**Day 2** | Sun, Nov 26

Send out your curated Spotify **playlist**, featuring songs of strength, survival, and female empowerment.

**Day 3** | Mon, Nov 27

Kick-off with a **Lunch & Learn** featuring a guest speaker/presenter for the group.

**Day 4** | Tue, Nov 28

Host your **Giving Tuesday** fund-raising trivia and 50/50 (with company donation matching) event.

**Day 5** | Wed, Nov 29

Have everyone bring a treat and some coins for your Gender-Based Violence **Bake Sale**.

**Day 6** | Thu, Nov 30

Head out on your **team volunteer day** with a local shelter or outreach centre.

**Day 7** | Fri, Dec 1

Host your first film/documentary **movie "night"** with snacks and chats to follow.

**Day 8** | Sat, Dec 2

Send out **support and reference materials**, so your team knows where to find help.

**Day 9** | Sun, Dec 3

Circulate your recommended **reading list** of books and articles and more.

**Day 10** | Mon, Dec 4

Host your **Workplace Workshop** hosted by a guest speaker, to discuss gender and safety in your own environment.

**Day 11** | Tue, Dec 5

Join in the **UNITE Orange the World** and **Wrapped in Courage** campaigns, and wear orange and purple to work.

**Day 12** | Wed, Dec 6

Host your own **High DigniTea** for a small ticket price, to share food and drink and discussion.

**Day 13** | Thu, Dec 7

Everyone brings a new and unwrapped toy for delivery to the local shelter and outreach centre **toy drive**.

**Day 14** | Fri, Dec 8

Your second film/documentary **movie "night"** with snacks and chats to follow.

**Day 15** | Sat, Dec 9

Share your media watch list with **shows and movies** available online, based on domestic violence and stories of survival.

**Day 16** | Sun, Dec 10

Send a list of local initiatives, petitions, political happenings and more, for their continued interest and involvement.

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